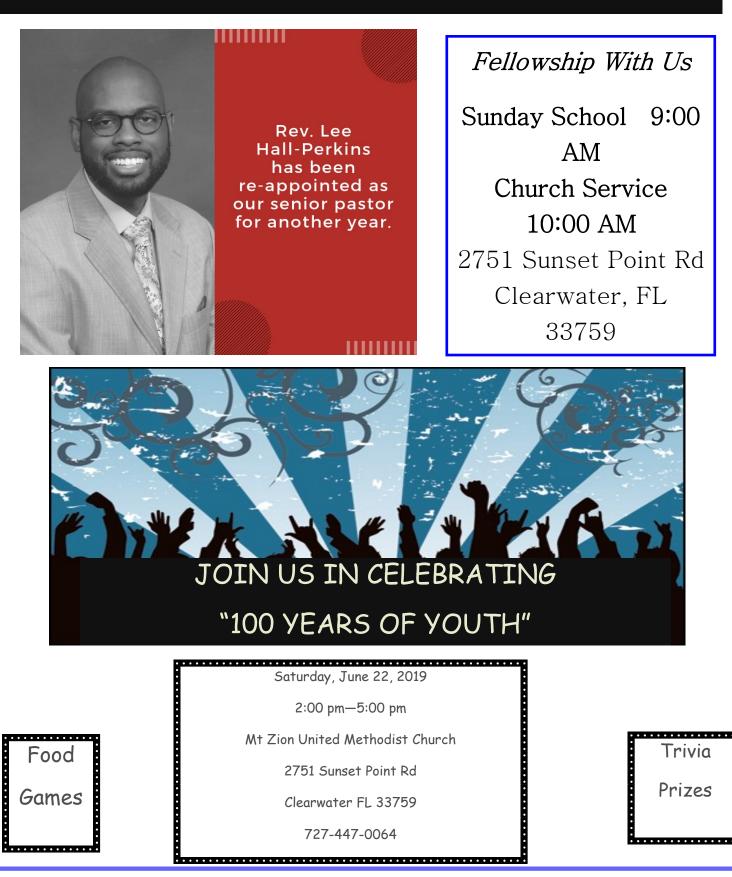


#### Mt. Zion United Methodist Church Newsletter

#### May/June 2019



## **Mt Zion Church Intern**



**Hello Friends and welcome** to this space. My name is Randi Talsma, my favorite color is purple, I love flowers, and instead of studying history to become an archeologist like Indiana Jones, I learned to knit and crochet. I collect rocks, stickers and postcards. In short, I'm just a little quirky.

I am from South Dakota and I am a Global Mission Fellow Missionary with the United Methodist Church. Other the years, I have been a youth leader and camp counselor. My faith journey began out in nature at Camp Judson. There I learned about God and how to talk the talk and walk the walk.

I felt a strong call to missions when I was 15 years old on my first youth group mission trip. Of course I rebelled against it at first, but the feelings of love, safety and worth brought me back around. I was useful to God and to others. I remember being so overwhelmed by the presence of God that I fell to my knees in tears. I didn't know what I was supposed to do with my life from there, but I knew I was on a mission from and for God. I have been on a total of 9 mission trips since then. As a GMF, we seek Justice, Love mercy, and walk humbly with God. These past two years on mission here in the Tampa Bay area have been an amazing experience. It was a great challenge that I will cherish.

### **UNCOMMON TOUCH**



### LetDadsBeDads

Civil rights attorney Michele K. Rayner-Goolsby has launched a special campaign for the month of June for fathers who need legal assistance to gain visitation with their children. Attorney Michele said she started the campaign because she was tired of seeing good fathers "in tears because their child's mother won't allow them to see their child…even when it is court-ordered." For the month of June, dads can call 727-754-4002 to receive a free case review and discounted legal services. Call right away space is limited. For more information go to www.letdadsbedads.com

# Eckerd Connects Faith Based Champion for Children



Meet Isaiah. He is a sweet 14 year old boy who is looking for a forever family. You will see his portrait picture in the Narthex of the church along with flyers about him and the Eckerd Connects program. If you like, take one of the flyers home so you can remember to include Isaiah in your daily prayers.

After five decades since it's founding, Eckerd Connects now has a presence in 20 states. The family services they provide include foster care, adoption, workforce development, aid for homeless, and transitional services for troubled youth.

For more information go to Eckerd.org.

# Health & Wellness

# THE COLOR OF THE MONTH IS PURPLE TO SUPPORT THOSE SUFFERING FROM ALZHEIMER'S DISEASE AND CHILDREN WITH TOURETTE SYNDROME

**Alzheimer's disease** usually progresses gradually, lasting 2 to 20 years, with an average of seven years in the United States. Scientists now know that Alzheimer's disease exists in a person's body long before symptoms appear. Researchers call this the pre-clinical/pre-symptomatic stage. Once symptoms do appear, they increase in severity as a person with Alzheimer's moves from the earliest to the final stages of the disease.

In general, it may be time to seek evaluation by a qualified physician when the memory loss or other symptom for you or a loved one exhibit:

- Increases in frequency or severity.
- Interferes with daily activities (such as employment tasks or family chores).
- Makes an impression on friends and family.

**Tourette Syndrome** (TS) is a neurological disorder characterized by repetitive, involuntary movements and vocalizations called tics. The early symptoms are typically noticed first in childhood, with the average onset between the ages of 3 and 9 years. Although TS can be a chronic condition with symptoms lasting a lifetime, most people with the condition experience their worst tic-symptoms in their early teens, with improvement occurring in the late teens and continuing into adulthood.

Submitted by the Health and Wellness Team Audrey Lyttle, Chair

### **BIRTHDAYS AND ANNIVERSARIES TO CELEBRATE**

#### May Birthdays & Anniversaries

#### **Birthdays**:

Alvin Washington 5/2 Gary Coney 5/5 Portland Smith 5/10 Linda Rahm 5/20 Deborah Johnson 5/24 Lydia Lang-Royal 5/25 Nehemiah Evans 5/28

#### Anniversaries

Victor & Ruth Middleton Rene & Harry Miller 5/15

### June Birthdays & Anniversaries

#### **Birthdays:**

Lisa Clagette 6/5 Betty Ferguson 6/5 Shauntiel Bennett 6/9 Kreesade Taylor 6/11 Kishar Taylor 6/15 Ruth Middleton 6/21 Johnny Howard 6/25 Phillip Faison: 6/29 David Elmore 6/29

#### Anniversaries:

David & Joanie Elmore 6/5. William "Bill" Campbell & Gloria Campbell 6/10 Phyllis and Mitchem-Young 6/23

## **ANNOUNCEMENTS**

Florida Annual Conference June 5-7, 2019 Florida Southern College, Lakeland, FL

Hospitality Meeting, Sunday, June 9 after worship

Finance Committee Meeting, Monday, June 17, @ 6:30 pm

Joint Service with McCabe @ Mt Zion, Sunday, June 30 @ 10:00 am

Living It Up Senior Ministry will continue to meet at 11:00 am on Fridays.

Bucket Drums, Line Dance and Bible Study are on hiatus for the summer.

#### **Summer Piano Lessons**

Saturdays, June 8-July 6th, 10:00-11:30 in the Mt Zion sanctuary.

Free for 8 years and older. Open to church and non-church members.

Contact Gloria Campbell: 727-434-0072 For More Information

### **Contact Us**

Give us a call for more information about our service, events and ministries.

Mt. Zion UMC 2751 Sunset Point Rd Clearwater, FI 33759

(727) 447-0064

mtzionclearwater@gmail.com

Visit us on the web at www.mzumc.net